# 

February to May







## February

#### Accidental Counsellor: 2 Day CCWT Workshop

Build skills, confidence and frameworks to respond effectively to people experiencing difficulties and emotional distress, whilst remaining attentive to self care in this participative and practical workshop.

Saul Nightingale Wollongong 18-19 February

Betty Stampoulis-Lyttle Sydney

24-25 February

## Child Protection—Identify and Respond to Children and Young People at Risk

Essential training for mandatory reporters, covering updated child protection legislation and its application when delivering services to children and/or their families.

Assessment can be undertaken in:

CHCPRT001 Identify and Respond to children and young people at risk

Terry Georgeson Sydney

27-28 February

#### **Effective Casework and Case Management**

Learn the fundamentals of quality case management, and develop essential skills and strategies in key aspects of strengthsbased and person-centred case management.

Grace Leotta Wagga Wagga 26-27 February

#### **Engaging and Supporting Young People**

How do you catch a young person's attention quickly and meaningfully? Relationship is the essential ingredient to engagement. This workshop explores how you can do this in a variety of ways, including when you have little time and in circumstances that are less than ideal.

Peter Slattery Sydney 20-21 February

## Motivational Interviewing: Helping People Change: 2 Day

Motivational Interviewing is a person-centred, evidence-based approach aimed at decreasing resistance and increasing the possibility of change within an atmosphere of acceptance and compassion.

Alison Bell Sydney 18-19 February

## Parent Assessment for Restoration Tool Familiarisation (Step by Step)

This course is for experienced Step by Step assessors to understand the theory and practice of how to assess parents for restoration using the Step by Step Parent Assessment Tool.

Jo Roach Sydney 19 February

#### **Shared Lives Training Skills**

Develop skills and confidence in conducting effective Shared Lives carer training. This three day course is designed for those who haven't previously delivered carer training. Participants will become familiar with the content of the new Shared Lives training package for general foster carers and have the opportunity to put newly learnt training skills and nerve-management skills into practice.

Niamh O'Connor Sydney 25-27 February

#### **Writing Case-notes and Documentation**

Learn structured ways to ensure that your case-notes and documentation are clear, useful and consistent, and will hold up to scrutiny.

Lane Blume Sydney 17 February





## March

#### Accidental Counsellor: 2 Day CCWT Workshop

Build skills, confidence and frameworks to respond effectively to people experiencing difficulties and emotional distress, whilst remaining attentive to self care in this participative and practical workshop.

Saul Nightingale Moruya

3-4 March

Betty Stampoulis-Lyttle Parramatta

10-11 March

Betty Stampoulis-Lyttle Dubbo 23-24 March

## **Applying a Trauma Informed Approach**

Learn about the impacts of trauma, particularly complex trauma, and discuss strategies to work more effectively with trauma survivors, including strategies for the individual worker and the service system

Mirna Tarabay Moruya 26 March

## Art and Play Therapy with Children

Learn about child-led play therapy. Play therapy optimises children's self-expression and safety in counselling. Maximise your success in engaging with and supporting change for children 2-10 years old.

Jacki Short Sydney 10 March

# Beyond Developmental Trauma—What We Know about Changing Brains, and Changing Outcomes for Children and Young Adults

Explore intervention strategies that target or are linked to different neurological systems, and learn how to embed these strategies through individual case planning into a reparative care environment. Your learning will be based on informed neurodevelopmental theory including a range of models.

Prerequisite: Prior knowledge of the neurodevelopmental impact of trauma.

Katrina Halpin Queanbeyan

11-12 March

#### **Building Resilience for Aboriginal Staff**

Insight into how to manage the expectations of various work related stakeholders to avoid compassion fatigue and burnout and achieve improved wellbeing, confidence and resilience through culturally contextualised learning.

Ashlee Donohue Sydney

2 March

#### **Clear Effective Writing**

This one-day course will improve your practical writing skills and provide techniques for writing that communicates more clearly, effectively and persuasively.

Lane Blume Sydney 19 March





## March

#### **Complex Case Management**

Case mangement can be complex, exhausting, challenging, inspiring and rewarding. Extend your skills, knowledge and confidence to provide quality case management to clients who are experiencing complex issues and challenges including: mental distress, AOD misuse/dependence, trauma and homelessness.

Amanda Marsters Newcastle 5-6 March

## Diploma of Community Services RPL Workshop CHC52015

Demonstrate your skills and knowledge in an interactive environment as you work towards the Diploma of Community Services. This workshop is part of a longer process in achieving the whole qualification through recognition of prior learning.

Amanda Marsters Sydney

16-17 March

#### **Effective Casework and Case Management**

Learn the fundamentals of quality case management, and develop essential skills and strategies in key aspects of strengths-based and person-centred case management.

Grace Leotta Sydney

3-4 March

#### Family Group Conferencing Facilitator Training

This course will equip you with the skills and knowledge needed to be a Family Group Conferencing Facilitator. It includes mediation and negotiation skills, and a range of practical strategies to assists families to make child centred decisions. It meets the requirement for a mediation qualification to be part of the FACS tender of accredited FGC Facilitators.

Terry Georgeson Sydney

26-27 March

## Foster Carer Assessment Skills (Step by Step)

Develop the skills that will enable you to be registered as a Step by Step Assessor. This course is for those with little or no experience of assessing carers.

Prerequisite: successful completion of a distance learning module "Implementing Trauma Informed Practice in OOHC." Cost of the module is included in the course fee, and details are provided when you enrol.

Niamh O'Connor Sydney 16-18 March

#### **Interpersonal Psychotherapy**

Interpersonal Psychotherapy (IPT) is an evidence-based psychological therapy approved by Medicare under Better Outcomes in Mental Health Care (BOIMHC) programme. Enhance your skills to empower clients to improve their interpersonal relationships at this experiential workshop.

Matthew Evans Sydney 30-31 March

## Legal Issues and Affidavit Writing for NGO Providers in Permanency and OOHC

This workshop introduces participants to key sections of the Children and Young Person's (Care and Protection) Act 1998 as it applies in NSW. We will explore alternative options to long-term care orders, care plans, legal reporting obligations, alternative dispute resolution options and the Children's Court in NSW.

We will also focus on writing Court Reports (Supervision and Suitability of Placement Reports), and Affidavit writing for s90 Significant Change of Circumstance Hearings. After the workshop you can choose to complete an affidavit and receive feedback from a qualified professional at an extra cost.

Stephen Bourne Sydney 12-13 March





## March

#### Professional Supervision: How and Why?

Supervision can be more than a 'quick fix'. We will explore the framework of four functions of supervision (accountability, support, development and mediation) and how to establish and lead effective supervision.

Judi Apte Sydney 5-6 March

## **Project Management**

Learn a project planning and management process, core skills for managing, working on and evaluating projects, and take away useful tools to use in your projects.

Assessment can be undertaken in:

• BSBPMG522 Undertake project works

Grace Leotta Sydney

18 March

#### Safe Home Visiting

Whether you are just starting your home visits or are experienced and want to review/refresh your practice, this workshop will help you to make your home visits safer and more productive. Use case scenarios and participant experiences to explore good practice policy, procedures and strategies.

Donna Bevan Sydney 11 March

#### **Talking with Kids about Tricky Topics**

Explore resources to help you to talk with kids you work with or care for about tricky topics such as mental illness, domestic violence, parent in jail and others.

Terry Georgeson Sydney 20 March

#### Transition from Care—Planning to Leave Care

Explore the impact of transition from care on young people, incorporate essential aspects and services in their Transition from Care Plan and identify ways of involving young people and important supports in their future plan.

Matt Hooey Sydney 24 March

## Uncomfortable Conversations: How to Talk about the Elephant in the Room

Develop awareness of the emotional triggers for yourself and others during uncomfortable conversations and reflect on how to bridge the gap between current behaviour and successful outcomes. Explore and practise frameworks to engage effectively in uncomfortable conversations.

Saul Nightingale Sydney 9 March

#### **Workplace Coaching and Mentoring Strategies**

The workshop will draw upon a number of coaching models, and also introduce some resources for facilitating appreciative enquiry and learning from experience.

Judi Apte Sydney 25 March





## April

#### Accidental Counsellor: 2 Day CCWT Workshop

Build skills, confidence and frameworks to respond effectively to people experiencing difficulties and emotional distress, whilst remaining attentive to self care in this participative and practical workshop.

Saul Nightingale Queanbeyan 20-21 April

## Affidavit Writing for Proceedings in the Children's Court of NSW

Prerequisite: Participants must have completed Legal Issues course or have previous experience in the Children's Court context.

This course focuses on writing Court Reports (Supervision and Suitability of Placement Reports), and Affidavit writing for s90 Significant Change of Circumstance Hearings. Giving evidence focuses on protocols and stages for giving evidence in Court with an emphasis on self care and seeking appropriate support.

Stephen Bourne Sydney 7 April

#### **Complex Case Management**

Case mangement can be complex, exhausting, challenging, inspiring and rewarding. Extend your skills, knowledge and confidence to provide quality case management to clients who are experiencing complex issues and challenges including: mental distress, AOD misuse/dependence, trauma and homelessness.

Amanda Marsters Sydney 22-23 April

#### **Debriefing Skills**

Promote staff wellbeing and retention by implementing comprehensive debriefing processes and stress management strategies. This workshop considers debriefing and organisational processes, including those required for critical incidents and legal considerations.

Debbie Jamieson Sydney 15 April

## Dialectical Behaviour Therapy: Part A

Working with suicidal and self harm behaviour can trigger anxiety, hopelessness, uncertainty and feeling ineffective. Dialectical Behaviour Therapy offers a sense of structure, understanding and effective strategies for managing 'problem' behaviours.

Note: DBT-Part A is the first 2 days of a two-part (4 day) course that provides a complete overview of the core concepts and skills utilised within DBT.

Ilana Karpin Sydney 30 April-1 May

## Domestic and Family Violence: Understanding the Impact on Children

Learn about the implications of living with domestic violence for children's development and their physical and mental wellbeing, and explore strategies to support children who have experienced domestic violence.

Mirna Tarabay Sydney 17 April





## April

#### **Effective Casework and Case Management**

Learn the fundamentals of quality case management, and develop essential skills and strategies in key aspects of strengthsbased and person-centred case management.

Grace Leotta Parramatta

6-7 April

Grace Leotta Newcastle

20-21 April

Grace Leotta Tamworth 29-30 April

### **Emotionally Intelligent Leadership**

Increase your skills and confidence in planning for, recognising and responding to highly charged, emotional and volatile training/group facilitation settings.

Assessment can be undertaken in:

• BSBLDR501 Develop and use emotional intelligence

Debbie Jamieson Sydney

8 April

## **Managing Challenging Behaviours**

Increase your skills and confidence in managing the challenging behaviours of co-workers and clients in this practical, participative and reflective workshop that maximises self-awareness and gives you clearly defined strategies.

Saul Nightingale Sydney 28 April

## Motivational Interviewing: Helping People Change: 2 Day

Motivational Interviewing is a person-centred, evidence-based approach aimed at decreasing resistance and increasing the possibility of change within an atmosphere of acceptance and compassion.

Alison Bell Merimbula 29-30 April

## Professional Supervision: How and Why?

Supervision can be more than a 'quick fix'. We will explore the framework of four functions of supervision (accountability, support, development and mediation) and how to establish and lead effective supervision.

Judi Apte Merimbula 6-7 April

## Relapse Prevention in Mental Health and AOD Treatment

Learn relapse prevention strategies for clients to support their recovery from mental health and/or AOD issues. You will be introduced to a range of tools to assist with monitoring wellbeing.

Toni-Lee Phillips
Sydney
1 April





## April

## Responding Effectively to People who have Experienced Sexual Violence

This course will equip participants with knowledge and skills to support progress towards recovery from sexual violence and know when referral to specialists is needed.

Jackie Burke Sydney 29 April

#### **Trauma and Addictions**

The link between complex childhood trauma and adult addictions is well known (ACE study). In this workshop we will explore the theme of addiction as a coping mechanism. Participants will gain the 'know how' to provide a balance of trauma and addiction interventions for positive and efficient client growth and recovery.

Philip Hilder Sydney 16 April

## **Unpacking the Complexity of Hoarding and Squalor**

Hoarding Disorder and Severe Domestic Squalor is on the increase with an estimated 600,000 Australians affected. But how do you work with and support someone living in clutter? Like the proverbial iceberg, it's not what you can see on top of the water but rather, what's underneath.

Debbie Graham Sydney 2-3 April

## Working Therapeutically With Children and Young People

A course designed to help clinicians understand and develop practical therapeutic work with children and young people.

Ray Medhora Sydney 27 April





## May

## Attachment Based Therapy with Children and Adolescents

Family therapists have known the ever reaching effects of parental attunement and attachment. This course covers models and practices specifically designed to harness attachment theory and put it into practice.

Ray Medhora Sydney 4 May

## Dialectical Behaviour Therapy: Part B

Practise the strategies used both within a DBT session and coaching. Explore agenda setting, chain analysis and contingency management and an overview of the Distress Tolerance and Interpersonal Effectiveness modules.

**Note**: Completion of DBT-Part A is a prerequisite for enrolling in this course.

Ilana Karpin Sydney 28-29 May





## What We Do

# Our Statewide Short Course Training Calendar provides:

- A range and breadth of training, to meet your own needs and those of your staff
- Geographic spread and multiple course dates throughout the year, that allow staff to attend training when and where they need it
- An online calendar and clear course descriptions, making it easy to find exactly the training your staff require
- Training you can trust—professional and well resourced, with pleasant venues and catering

## Our In-House Training provides:

- Professional, expert training that accommodates your organisation's particular needs
- Providing the flexibility to schedule and develop tailored training, where and when you need it Your Place, Your Staff, Your Choice

## Carer Assessment and Training

- CCWT specialises in the assessment and training of carers in the out of home care system
- Providing reliable, proven and widely-used resources

## Not Just Training: Coaching and Supervision

As a manager, supervision can be problematic when your staff member is working in areas that are not part of your expertise, or when there simply aren't enough hours in the day to focus on all of your staff individually.

Using an external supervisor can provide the extra expertise that your staff member needs.

## Workforce Development

This can be provided through:

- Online courses
- 'Actionable Conversations': our technology-based program that assists with the transfer of learning into the workplace
- Training Needs Analysis (TNA)

Supported by the



CCWT Training Terms and Conditions www.ccwt.edu.au





## Managing your CCWT Training Profile

To manage your CCWT training profile go to www.skillsoncourse.com.au

Then type in your first and last name and the email that you used to register for ACWA/CCWT events.

Click on the 'Forgot Password' button and you will be directed to set up a password. Once you are in your profile you can:

- Change your contact details
- Look up the details of any courses or events that you have registered for, and check the history of the events and courses that you have attended
- Access your certificates of attendance from ACWA/CCWT events
- Sign up for mailing lists

## CCWT CorporatePass

To simplify registration for CCWT courses, CCWT Corporate Pass provides a way for your staff to enrol in CCWT courses online without having to pay up front, as well as a way for you to track these registrations.

When a staff member registers for a course they simply use the CorporatePass code, and a single designated person in your organisation is automatically sent an invoice, ensuring a simple, easy and consistent way to administer the process of payment. In addition to this ease of use, by selecting the CorporatePass option all CCWT courses that your staff book will also attract a daily discount.

To organise CorporatePass availability for your organisation, please send a completed CorporatePass form to ccwt@ccwt.edu.au

You can download the form from www.ccwt.edu.au/corporatepass



Australian Psychological Society - CPD

If you are a member of APS, you can accrue continuing professional development (CPD) hours by participating in courses in this handbook that you determine to be relevant for your professional practice, learning plan and objectives. For more information, go to Australian Psychological Society website: www.psychology.org.au

#### Australian Association of Social Workers (AASW)

All courses in this calendar handbook (or website) are AASW endorsed continuing professional development (CPD) activities. For full information on CPD for AASW members please visit their website: www.aasw.asn.au

