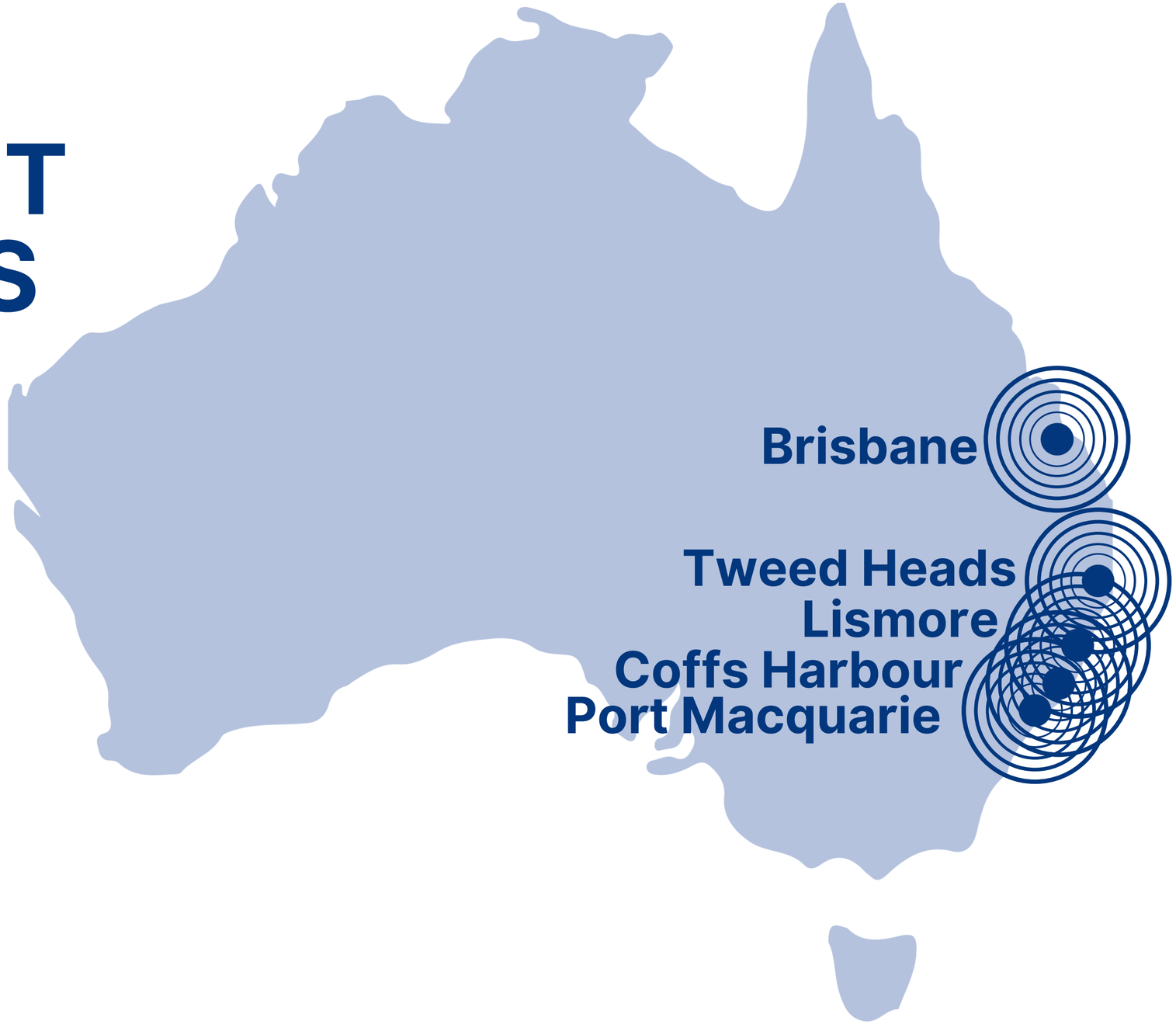
CASPA SERVICES

Transitioning high needs young people into SIL

ACKNOWLEDGEMENT OF COUNTRY

CASPA Services Ltd. acknowledges the First Nations people upon whose lands we operate. We recognise the continuing connection to their land, language, waters, sky and culture.
We pay our respects to Aboriginal Elders, past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander colleagues here today.

SIL PLACEMENT LOCATIONS



LITERATURE REVIEW

Transitional pillars for success

Genuine engagement

Genuine young person involvement (the earlier the better) in being a part of the transitional process. Having an agreement stipulated by the agency where the young person has to show developmentally appropriate daily living and life skills before entering SIL

Relational

Having ongoing relational support (whether this be in the form of a mentor or specified therapeutic care worker) throughout the process of transition to SIL

Connection to family

Linking and re-establishing connection to family, specifically at the transition stage developing a plan for return to family if possible

CASE STUDY - MOLLY

TIME IN SIL

BACKGROUND:

- Entered residential care at 14 years of age after 6 months living as an inpatient at adolescent mental health
- Self-harming behaviors and multiple attempts at taking her own life in community and in mental health; diagnosis: Intellectual Disability, Chronic PTSD & Personality Disorder- Borderline Type
- Intrafamilial sexual abuse and prolonged psychological abuse

TRANSITION TO SIL:

- At 17 years of age Molly entered CASPA SIL within the First Steps program
- Intensive 24-week transition plan to guide and support a step down in supports. The first 12 weeks she remained in her residential bed and the second 12 weeks was support with complex needs application

SUPPORTS:

- Had intensive mentoring that reduced over 24 weeks, while increasing NDIS supports. A Clinical Specialist guided her ongoing clinical needs and After-Hours team were available
- Employment and education goals supported by the Education & Training team, engagement in the CASPA work readiness program, art exhibitions at the CASPA education buildings that showcased her artistic talent and raised money to support her artistic and creative ambitions. Was successful in obtaining her drivers licence, worked at the CASPA café one day per week & for special events
- Setting appointments with external services including medical and mental health with the support of her Caseworker
- Rebuilt the relationship between Molly and her family by involving them in her success

WHERE IS SHE NOW

- Molly made extensive progress since transitioning from the Lismore Mental Health Unit into residential care (therapeutic) and then into SIL
- She spent close to 24 months in the one SIL house in the Lismore area making it her home. She found a place of belonging working in The Tuckshop (CASPA Café) and in being part of her team, engaging with them to continue to develop her skills and pursue her goals
- At the time of exiting SIL there was a good level of consistent NDIS supports established with 3 shifts per week in place
- When Molly turned 18 her family were not ready to have her return home but the team worked closely with family to avoid exiting her to homelessness and at 19 years of age (the end of her SIL package) CASPA was able to prepare the family enough to reduce their anxieties about having her home and successfully supported the transition back to family
- Through the CASPA SIL program Molly was able to transition home, manage her mental health safely in the community, develop her artistic and work ready skills and gain employment in hospitality
- Since leaving CASPA Molly has held down a job, hosted her own art exhibitions and continues to pursue a career in fine arts

ENTRY DATA

18

Successful transitions from residential care to SIL

5

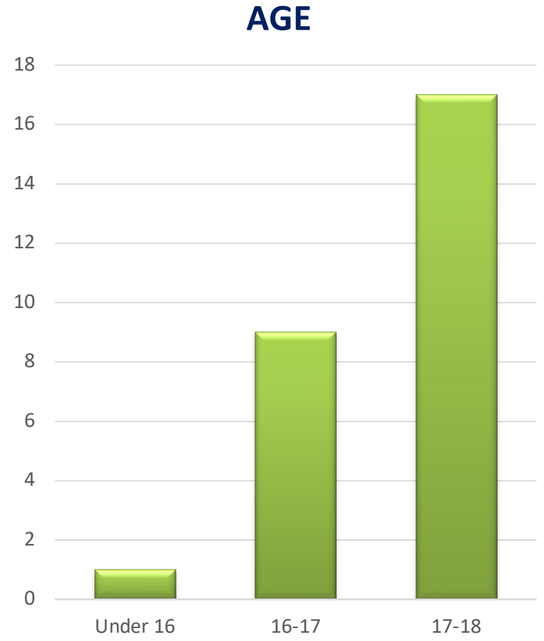
Successful transitions from long term IPA/ACA's to SIL

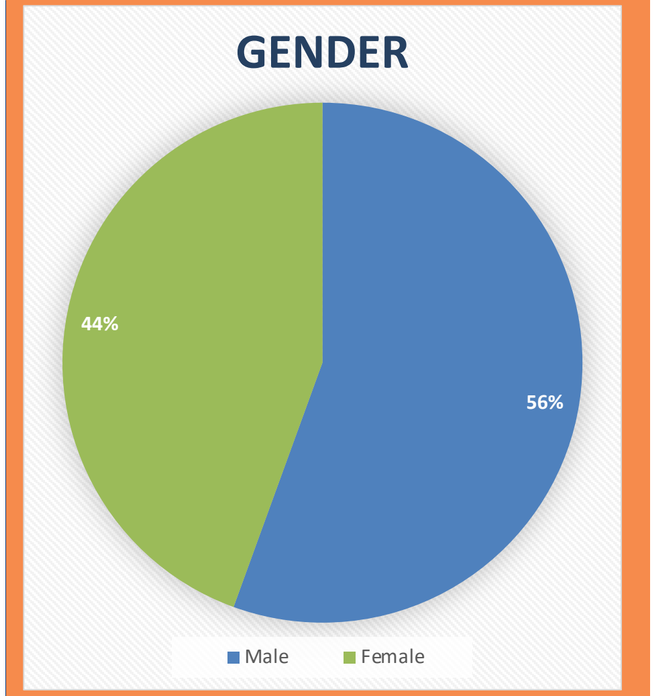
4

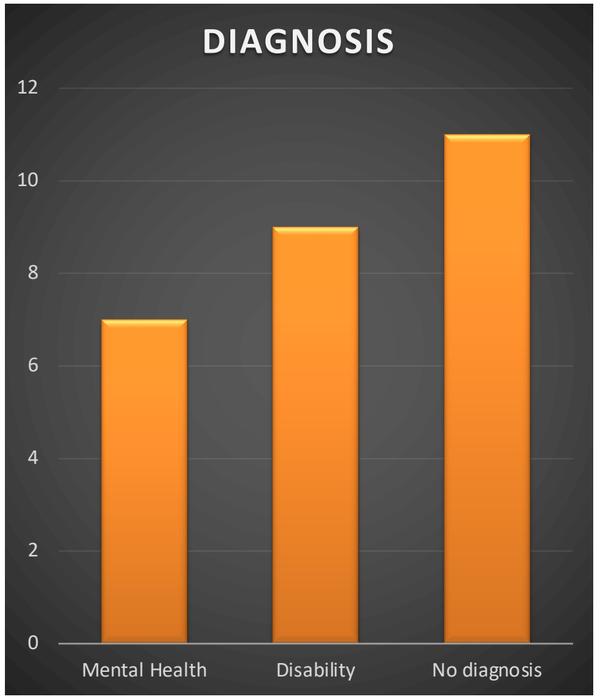
Successful transitions from homelessness to SIL

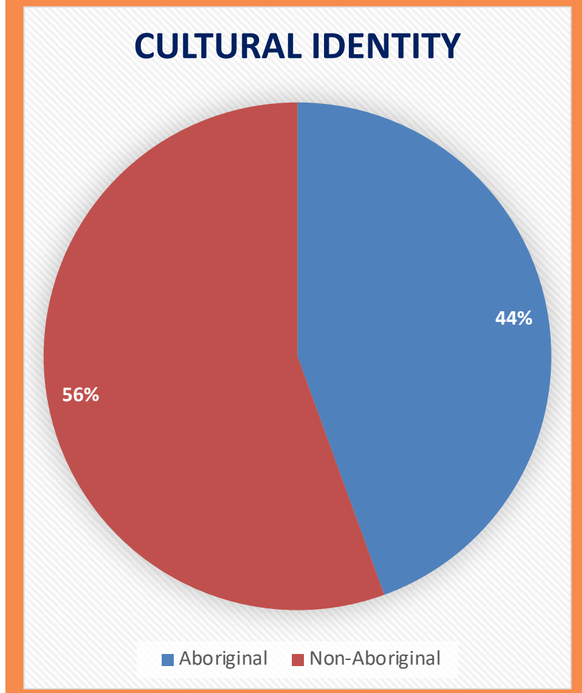
3

Failed transitions from residential care to SIL – mental health, excessive drug use, prostitution, excessive property damage – impacts on engagement and safety









EXIT DATA

11 Exits to family

6 Exits to independent share or private accommodation

9 currently in SIL

1 Exited to homelessness

4 Exited prior to the 2yr package end date

GET IN TOUCH

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